Original Article

Seminal Attributes and Semen Cryo-banking of Nepalese Indigenous Achhami (*Bos indicus*) Bull under Ex-situ Conservation

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ABSTRACT The study was conducted to evaluate the seminal attributes and cryo-banking of Achhami (*Bos indicus*) bull semen. Of two Achhami bulls, 8 ejaculates from each bull were evaluated for seminal attributes. For semen freezing and cryo-banking, 4 ejaculates (having ≥ 2 mL semen volume, $\geq 75\%$ of sperm motility and $\geq 1,000 \times 10^6$ cells/mL of sperm concentration) from each bull were used. Semen samples were diluted in egg-yolk-tris-citrate extender using a two-step dilution protocol, and were frozen in liquid nitrogen (LN₂) vapour in a styrofoam box. The mean semen volume, colour, sperm mass activity, motility, viability, concentration, abnormal acrosome, midpiece and tail and, abnormal head of two Achhami bulls were 4.4 ± 0.5 mL vs. 2.5 ± 0.2 mL, 2.5 ± 0.1 vs. 2.4 ± 0.1 , 3.5 ± 0.1 vs. 3.5 ± 0.1 , $77.0 \pm 1.1\%$ vs. $78.3 \pm 1.3\%$, $94.4 \pm 0.5\%$ vs. $91.0 \pm 0.6\%$, $1137.7 \pm 73.7 \times 10^6$ cells/mL vs. $1060.0 \pm 44.3 \times 10^6$ cells/mL, $10.2 \pm 0.5\%$ vs. $10.3 \pm 0.5\%$ and $6.7 \pm 0.5\%$ vs. $8.2 \pm 0.3\%$, respectively. The post-thawed sperm motility and viability were $53.0 \pm 2.0\%$ vs. $50.0 \pm 0.0\%$ and $80.2 \pm 0.4\%$ vs. $73.2 \pm 0.7\%$, while evaluating by computer-assisted sperm analysis (CASA) system, the percentage of the progressive motility, fast motility, slow motility, local motility and immotile sperm were 75%, 68%, 7.4%, 16.6% and 8.6%, respectively. A total number of 620 doses semen straw were cryo-banked. Due to the acceptable post-thawed sperm motility and viability recorded, cryopreservation of Achhami semen is hereby recommended so as to preserve the Achhami breed. For further validation, the fertility will be observed from the produced frozen semen.

Keywords: Achhami bull, Nepal, semen cryopreservation

INTRODUCTION

Achhami (*Bos indicus*), an indigenous cattle breed of Nepal- perhaps the smallest cattle breed in the world. They are found in western parts of hills- Achham, Bajhang,

Bajura and Doti district of Nepal (700-1,500 msl; Shrestha and Shrestha, 1998). The peculiarities of this breed are their small size, less than 1 meter in height at the withers. This breed is also called Sano Gai or Naumuthe Gai (measures only nine fists from its hoof to hump, Wagle, 2019)

This breed measures 149.38 ± 5.1 kg (adult body weight), 90.8 ± 0.96 cm (height at wither) and 98.07 ± 1.52 cm (body length; Neopane and Pokharel (2005)). Introduction of exotic breeds, indiscriminate cross breeding, illegal trading to Tibet for slaughtering, and neglect from local people due to less economic returns (milk production capacity 1.5 ± 0.22 L; Wagle, 2019) results in genetic dilution and decreasing in population. The breed is in endangered state as the number of this breed has reached below 1,000 throughout Nepal (Wagle, 2019). Indigenous animals are the valuable genetic property of a country. The unique characteristics of this breed need to be conserved. A very simple technology to conserve the genetics materials and disseminate in future is the cryopreservation of semen. However, this technology needs preliminary study of seminal characteristics. Seminal attributes is the basic step towards semen cryopreservation to ensure both the freezing and fertilizing capability (Verstegen et al., 2002; Dhurvey et al., 2012). In Nepal, no study have been conducted on Achhami bull semen till date. Therefore, the objective of the present study was designed to evaluate the seminal attributes, post-thawed sperm quality and cryo-banking of indigenous Achhami bull semen.

MATERIALS AND METHODS

The study was conducted between November 2014 to February 2015 at the Animal Breeding Division, Nepal Agricultural Research Council (NARC), Khumaltar, Lalitpur, Nepal. The division is located at N 27.66 latitude and E 85.35 longitude and 1400 m above sea level.

Animal and management

Two sexually matured, apparently healthy Achhami bulls

were selected, brought and managed under *ex-situ* conservation (Fig. 1A). The bulls were aged 3.5 years and 4 years, weighing 165 kg and 180 kg, body condition score 4 and 4.5 and scrotal circumference 30.4 cm and 32.6 cm, respectively. They were managed under semi-intensive system. They were provided 8.0 kg green grass, 1.0 kg straw and 1.5 to 2 kg commercial concentrated feed per head per day with the provision of drinking water all the time. They were vaccinated against foot and mouth disease (FMD) and dewormed with Ivermectin twice yearly.

Semen collection and evaluation

After 6 months of acclimatization, bulls were started training for semen collection. Semen collection and evaluation was performed as described by Jha et al. (2013). Semen was collected twice a week using artificial vagina (AV) following two successive false mount (Fig. 1B). Soon after collection, the semen volume was recorded and colour was scored visually into 4 grades. The tube containing semen was maintained in water bath at 35°C. The mass activity was estimated by observing a drop (5 μ L) of semen without using cover slip and scored into 4 grades under microscope (40 $\times$). The sperm motility was estimated by observing a drop (5 μ L) of semen using cover slip under microscope (100 $\times$). The sperm concentration ($\times 10^6$ cells/mL) was calculated using haemocytometer technique following the dilution rate at 1:100 (semen: buffered formol saline, Fig. 1C). Acrosome, mid-piece and tail of spermatozoa was examined by wet mount technique using buffered formol saline technique. Ten- μ L of diluted formol saline fixed semen was placed on a microscopic slide and observed under microscope (1,000 $\times$). Sperm head morphology was examined by William's staining technique. A thin and dried stained semen smear with carbol fuchsin

Fig. 1. Photograph of Achhami bull and semen collection. (A) Achhami bull. (B) Semen collection using AV. (C) Sperm concentration by haemocytometer (400 $\times$).

was examined under microscope (1,000×). Sperm viability was estimated by using eosin-nigrosin staining technique, and observing under microscope at 400×. At least 200 spermatozoa were examined from each smear. Photographs were captured by digital eyepiece camera (Coslab TM, MDCE-5C, China) and Differential Interference Contrast (DIC) optics (Olympus®, Bx51 Olympus Optical Co. Ltd., Tokyo, Japan) equipped with the microscope.

Semen dilution and cooling

Semen dilution and cooling was performed as described by Jha et al. (2013). Altogether 4 ejaculates (having ≥ 2 mL semen volume, $\geq 75\%$ of sperm motility and $\geq 1,000 \times 10^6$ cells/mL of sperm concentration) from each bull were considered for dilution and freezing. Egg-yolk-tris-citrate extender was used for semen dilution. Semen extender was prepared into two fraction (Part A and Part B) using the following ingredients: 1.221 g Tris, 0.68 g citric acid monohydrate, 0.5 g monohydrate glucose, 7 mL glycerol (only in extender Part B), 40 mL double distilled water (Part A) and 33 mL double distilled water (Part B). After proper mixing, 10 mL fresh hens yolk, 50,000 IU Penicillin G and 0.05 g Streptomycin sulphate were added separately to each part; mixed thoroughly and maintained at 35°C. Semen was diluted following two step dilution protocol to obtain a final sperm concentration of 25×10^6 cells/0.25 mL French mini straw. The calculated volume of extender Part A (without glycerol) was mixed with semen at

35°C. The diluted semen (semen + extender Part A) and calculated volume of extender part B (with glycerol) were transferred to cold handling cabinet at 5°C. After 90 min of cooling at 5°C, the extender Part B (with glycerol) was mixed with diluted semen (semen + extender Part A) and left at 5°C for 210 min for glycerol equilibration. The final diluted semen suspension was loaded into straws, sealed with poly vinyl chloride (PVC) powder.

Freezing and thawing of spermatozoa

Freezing of semen straw was done by exposing in liquid nitrogen (LN₂) vapour in a styrofoam box as described by Jha et al. (2013). Following glycerol equilibration, the semen straws were arranged horizontally onto semen straw rack and was placed at 4.5 cm above the level of LN₂ within the Styrofoam box with its lid closed for 12 min. The semen straw were plunged into liquid nitrogen, transferred into goblet and stored in cryocan. Semen thawing was carried out in a water bath at 37°C for 20 sec. For microscopic evaluation, two semen straws per batch were thawed to examine sperm motility and viability under microscope. For more conformation, randomly altogether 4 frozen semen straw was sent to National Livestock Breeding Centre, Pokhara, Nepal for the post-thawed sperm evaluation under computer-assisted sperm analysis (CASA, AndroVision®, Minitube, Germany) system.

Table 1. Seminal attributes of fresh Achhami bull's semen

Bull ID	Volume (mL)	Colour	Mass activity	Motility (%)	Viability (%)	Concentration ($\times 10^6$ cells/mL)	Abnormal acrosome, mid-piece & tail (%)	Abnormal head (%)
A-101	4.4 $\pm$ 0.5	2.5 $\pm$ 0.1	3.5 $\pm$ 0.1	77.0 $\pm$ 1.1	94.4 $\pm$ 0.5	1137.7 $\pm$ 73.7	10.2 $\pm$ 0.5	6.7 $\pm$ 0.5
A-102	2.5 $\pm$ 0.2	2.4 $\pm$ 0.1	3.5 $\pm$ 0.1	78.3 $\pm$ 1.3	91.0 $\pm$ 0.6	1060.0 $\pm$ 44.3	10.3 $\pm$ 0.5	8.2 $\pm$ 0.3

Colour (1–4 grades): 1=Watery; 2=Yellowish white; 3=Milky white; 4=Creamy white.

Sperm mass activity (1–4 grades): 1=No mass activity; 2=Slow wave motion without forming any waves; 3=Rapid wave motion with formation of eddies at the end of waves; 4=Very rapid wave motion with distinct with distinct eddies.

Table 2. Seminal Attributes of fresh Achhami bull's semen

Bull ID	Volume (mL)		Colour		Mass activity		Motility (%)		Viability (%)		Concentration ($\times 10^6$ cells/mL)		Abnormal acrosome, mid-piece & tail (%)		Abnormal head (%)	
	Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.
A-101	0.8	12.3	1.0	3.0	3.0	4.0	70	90	87	98	325	2,100	6	17	3	11
A-102	1.0	6.0	1.0	3.0	2.0	4.0	60	90	87	97	800	1,865	6	17	4	11

Fig. 2. Photomicrographs of sperm cells during semen evaluation. (A) Eosine-nigrosine (dead and live). (B) Pear shaped head. (C) Broken neck. (D) Giant head. (E) Double mid-piece and flat head. (F) Broken head. (G) Loose acrosome. (H) Double coiled tail. (I) Simple bent tail. (J) Double coiled tail. (K) Giant head. (L) Proximal cytoplasmic droplet.

Statistical analysis

Descriptive analysis (Mean $\pm$ SEM) of seminal parameters (semen volume, colour, sperm mass activity, motility, viability, concentration and abnormal sperm morphology) of fresh semen of each bull was compared with the help of MS Excel in computer. Similarly, the post-thawed sperm motility and viability of each bull was compared.

RESULTS

Seminal attributes of fresh semen

A total of 16 ejaculates; 8 ejaculates from each Achhami bull were evaluated for semen volume, colour, sperm mass activity, motility, viability, concentration and abnormal sperm morphology (Table 1 and 2). The mean semen volume of two Achhami bulls were 4.4 ± 0.5 mL vs. 2.5 ± 0.2 mL and ranged from 0.8 mL to 12.3 mL. The semen colour varied from water to milky white (scored into 1-3 grades). The mean sperm mass activity was scored as grade 3 and ranged from 2-4 grades. The mean sperm motility was $77.0 \pm 1.1\%$ vs. $78.3 \pm 1.3\%$ and ranged from 60-90%. The mean sperm viability was $94.4 \pm 0.5\%$ vs. $91.0 \pm 0.6\%$

Table 3. Post-thawed motility and viability of Achhami bull's sperm cells

Bull ID	Motility (%)	Viability (%)
A-101	53.0 ± 2.0	80.2 ± 0.4
A-102	50.0 ± 0.0	73.2 ± 0.7

and ranged from 87-98%. The live and dead spermatozoa are shown in Fig. 2A. The mean sperm concentrations was $1137.7 \pm 73.7 \times 10^6$ cells/mL vs. $1060.0 \pm 44.3 \times 10^6$ cells/mL and ranged from 325×10^6 cells/mL to $2,100 \times 10^6$ cells/mL. The mean sperm acrosome, mid-piece and tail abnormalities was $10.2 \pm 0.5\%$ vs. $10.3 \pm 0.5\%$ and ranged from 6-17%. Whereas, the mean sperm head abnormalities was $6.7 \pm 0.5\%$ vs. $8.2 \pm 0.3\%$ and ranged from 3 to 11%. The sperm abnormalities were recorded Pear shaped head (Fig. 2B), Broken neck (Fig. 2C), Giant head (Fig. 2D), Double mid-piece and flat head (Fig. 2E), Broken head (Fig. 2F), Loose acrosome (Fig. 2G), Double coiled tail (Fig. 2H and 2J), Simple bent tail (Fig. 2I), Giant head (Fig. 2K) and Proximal cytoplasmic droplet (Fig. 2L).

Table 4. Post-thawed motility parameters of Achhami bull's sperm cells by CASA system

Sperm motility parameters	Percentage of sperm cells
Progressive sperm motility	75.0
Fast motility	68.0
Slow motility	7.4
Local motility	16.6
Immotile	8.6

Post-thawed semen quality

The result of post-thawed sperm motility and viability are shown in Table 3. The mean sperm motility and viability of two Achhami bulls were $53.0 \pm 2.0\%$ vs. 50.0 ± 0.0 and $80.2 \pm 0.4\%$ vs. $73.2 \pm 0.7\%$, respectively. While, in computer-assisted sperm analysis (CASA) system, the progressive motility, fast motility, slow motility, local motility and immotile sperm were 75%, 68%, 7.4%, 16.6% and 8.6%, respectively (Table 4).

Cryo-banking

A total of 620 doses semen straw produced from both the bulls were cryo-banked for future use at Gene Bank, Animal Breeding Division, Agricultural Research Council, Nepal (Table 5).

DISCUSSION

Due to wide climatic variation, only two Achhami bulls were brought and managed under ex-situ conservation and therefore, the seminal attributes of those two bulls were only studied. It is hard to say that the evaluated seminal attributes represents the average Achhami breed seminal attributes. The seminal attributes included in this study were semen volume, colour, sperm mass activity, motility, viability, concentration and abnormal morphology. Evaluation of semen characteristics allows the detection and elimination of male infertility or subfertility (Verstegen et al., 2002; Madhuri et al., 2012). The mean semen volume was comparatively lower than those reported 4.32 ± 0.24 mL in Cross bred bulls (Chauhan et al., 1983), 3.40 ± 1.30 mL for indigenous non-descript zebu (Siddiqui et al., 2008), 3.10 ± 0.35 mL in semi wild Mithun (Bhattacharya et al., 2009), 3.25 ± 0.15 mL in Punganur bulls (Bramhaiah, 2012), 9.25 ± 2.5 mL in Gir bulls (De Lucio et al., 2014), 4.06 mL to 4.49 mL in Red Sindhi bulls (Tiwari et al., 2012) and 11.5 mL in Friesian and

Table 5. Number of frozen straw preserved in gene bank, animal breeding division

Breed	No. of straw
Achhami	620

9.8 mL Sahiwal (Hossain et al., 2012), respectively. The normal colour of bull semen is milky white or light yellow. The colour of semen mainly vary due to presence of pigment lipochrome or riboflavin (Hafez, 1980; Patel and Siddiquee, 2013). The mass activity recorded in our study is consistent with Fiaz et al. (2010) who reported mass activity of 2.21 ± 0.04 to 3.15 ± 0.12 (scale: 0-5) in Jersey bull. Similarly, our finding of mass activity is comparable with Singh and Pangawkar (1990) who reported 3.10 ± 0.54 , 3.00 ± 0.11 , 2.88 ± 0.08 , 2.83 ± 0.06 and 2.80 ± 0.06 (scale: 0-4; 0-sperm show no signs of movement, 1-sperm move but fail to progress forward, 2-sperm move slowly and in a poorly defined direction, 3-sperm move forward but a slower speed and/or in a curved direction, and 4-fast and forward progression where sperm move in a straight direction) in different Holstein Friesian (HF) and Jersey cross bulls. The sperm motility found in our study was higher with Chauhan et al. (1983), Farooq et al. (2013) and De Lucio et al. (2014) who reported $64.2 \pm 0.88\%$ to $59.86 \pm 0.76\%$ in crossbred bulls, $64.38 \pm 2.64\%$ in Cholistani bulls, $62.10 \pm 5.8\%$ in Gir bulls and $65.20 \pm 3.9\%$ in Nellore bulls. The sperm motility was comparable with Bramhaiah (2012) and Hossain et al. (2012) who reported $72.85 \pm 0.71\%$ in pure bull breeds and 64.0% in Friesian and, 68.8% in Sahiwal bulls, respectively. The sperm viability in our study is within the range 80.6 ± 10.7 to $92.4 \pm 6.3\%$ in pure Jersey bulls (Sugulle et al., 2006). The percentage of live or dead sperm may be attributed due to frequency of collection, age of breeding bull and season. The sperm concentration in our present study was comparable with Farooq et al. (2013) and Tiwari et al. (2012) who reported $1062.22 \pm 101.26 \times 10^6$ cells/mL in Cholistani and 963.22 ± 23.96 to $1133.49 \pm 34.85 \times 10^6$ cells/mL in Red Sindhi bulls, respectively. In contrast, higher sperm concentration was reported $1473.90 \pm 343.2 \times 10^6$ cells/mL in Gir and $1662 \pm 343.80 \times 10^6$ cells/mL in Nellore bulls (De Lucio et al., 2014), 1355.3×10^6 cells/mL in Friesian and 1858.4×10^6 cells/mL in Sahiwal bulls (Hossain et al., 2012), respectively. However, lower sperm concentration was reported $766.69 \pm 5.50 \times 10^6$ cells/mL in Sahiwal bulls (Bhakat et al., 2011) and

890.47 $\pm$ 18.45 to 995.16 $\pm$ 7 0.99 $\times$ 10⁶ cells/mL in Jersey bulls (Farooq et al., 2013), respectively. The difference in sperm concentration is due to individual genetic variation. The sperm concentration is affected by age- as increase in sperm concentration with increasing age while decrease in sperm concentration with successive frequent ejaculation by 19-55% (Kaya et al., 2002). Higher sperm concentration allow to produce higher number of insemination doses ultimately create opportunity to inseminate larger number of females (Robinson et al., 2006). The total abnormal sperm count in our study is within the range reported by Vilakazi and Web (2004), Farooq et al. (2013) and De Lucio et al. (2014) who reported 20.30 $\pm$ 1.3% in Friesland bulls, 16.03% in Cholistani bulls and 17.0 $\pm$ 9.0% in Gir bulls. The average quality of semen should not contain more than 20% abnormal sperm, while semen containing more than 30% abnormal sperm would be considered as poor (Hafez, 1993). The quality of bull semen might be affected by genetic or non-genetic factors like temperature, photoperiod, humidity and nutrition (Haugan et al., 2005). The differences in seminal parameters might be due to breed, age, body weight, nutritional status and size of the testicles (Almquist et al., 1979). The size of the testicles increases with advancement of age (Toe et al., 2000). The body weight is more important than age in determining testicular growth and development, its influence on semen quality (Notter et al., 1985). Variations also attributed by season of collection, sexual excitement, method and frequency of semen collection (Lagerlof, 1934).

The post-thawed sperm motility in this study was in consistent with Tiwari et al. (2012), Mishra et al. (2012) and Kedia et al. (2014) who reported 50.05 $\pm$ 0.03 to 50.19 $\pm$ 0.06 % in Red Sindhi bulls and 49.64 $\pm$ 2.06% to 51.16 $\pm$ 1.08% in Jersey and Sahiwal bulls, respectively. In contrast, the sperm motility was lower 46.00 $\pm$ 1.16% in Gir bulls (Rana and Dhama, 2004), 62.3% in Fresian and 63.6% in Sahiwal bulls (Hossain et al., 2012). Acceptable post-thawed motility was reported 54.02 $\pm$ 2.71 to 57.85 $\pm$ 1.61 in different pure bull breeds (Farooq et al., 2013; Patel and Siddiquee, 2013). The post-thawed sperm viability in this study was higher than Nath et al. (1996) who reported 66.50 $\pm$ 2.25% in pure Jersey bulls. However, Veeraiah et al. (1999) and Salvador et al. (2008) who reported much lower post-thawed viability 44.69 $\pm$ 1.00% and 34.50 $\pm$ 11.1% in Nellore and Ongole bulls. However,

the post-thawed sperm viability was comparable with Farooq et al. (2013) who reported much higher post-thawed viability 71.89 $\pm$ 2.05% in Cholistani bulls. The result of post-thawed semen quality depends upon several factors like type of extender used for processing semen, the amount of glycerol included in the extender, the rate of cooling used, equilibration period, packaging and rate of freezing and thawing of the semen (Gaillard and Kupferschmied, 1982). The motility and viability of sperm vigorously decreased due to cold shock and cryo injuries during cooling and freezing of sperm cells. Cold shock usually takes place when the semen temperature rapidly decreases from approximately body temperature of the bull (35°C), to the freezing temperature of water (0°C) (Bailey et al., 2000; Medeiros et al., 2002). The quality of semen deteriorates as the spermatozoa undergoes several ultrastructural, biochemical and functional changes during freezing and thawing (Salamon and Maxwell, 2000). The variation may occur due to different type of extender including the concentration of glycerol and egg yolk used for processing semen (Gaillard and Kupferschmied, 1982). The reduction of live and motile sperm percentage could be attributed to the death of the spermatozoa due to cold shock which is attributed as a result in rate of cooling and glycerol equilibration time during processing of semen for freezing semen (Bailey et al., 2000).

CONCLUSION

The semen volume was comparatively lower however, the sperm concentration, motility, viability and abnormal percentage were comparable with most of the bull's breeds. Due to the acceptable post-thawed sperm motility and viability recorded, cryopreservation of Achhami bull semen is hereby recommended so as to preserve the Achhami breed. For further validation, the fertility will be observed from the produced frozen semen.

CONFLICTS OF INTEREST

No potential conflict of interest relevant to this article was reported.

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